

# Club Timetable 2011/2012



Athletic Union

| CLUB  | DAY  | TIME          | SITE                | LOCATION                    |
|---|--|---------------|---------------------|-----------------------------|
| American Football   | Thursday   | 19:00 – 21:00 | HSV de Havilland    | New Gen 2, Pitches A & B    |
|   | Sunday   | 12:00 – 15:00 | HSV de Havilland    | New Gen 2                   |
| Badminton (Squad)   | Monday   | 18:00 – 19:30 | HSV de Havilland    | Badminton Hall              |
| Badminton (Development)   | Monday   | 19:30 – 20:30 | HSV de Havilland    | Badminton Hall              |
| Badminton (Social)  | Monday   | 20:30 – 22:30 | HSV de Havilland    | Badminton Hall              |
| Basketball (Men)  | Monday   | 20:30 – 22:30 | HSV de Havilland    | Sports Hall 3               |
| <b>PLEASE NOTE: Training will be 21.00 – 22.30 some weeks. Please check dates with the AU</b>     |  |               |                     |                             |
| Basketball (Women)  | Monday   | 18.30 – 20.30 | HSV de Havilland    | Sports Hall 3               |
| <b>PLEASE NOTE: Training will be 17:00-19:00 some weeks. Please check dates with the AU</b>       |  |               |                     |                             |
| Cheerleading  | Monday   | 20:15 – 22:15 | HSV de Havilland    | Sports Hall 2, Courts 5 & 6 |
|   | Friday   | 18.30 – 20.30 | HSV de Havilland    | Sports Hall 2, Courts 5 & 6 |
| Climbing  | Monday   | 21:00 – 22:30 | HSV de Havilland    | Climbing Wall               |
|   | Wednesday  | 14:00 – 16:00 | HSV de Havilland    | Climbing Wall               |
| Cricket   | Monday   | 17:00 – 19:00 | HSV de Havilland    | Cricket Hall                |
| Cricket   | Wednesday  | 16:00 – 18:00 | HSV de Havilland    | Cricket Hall                |
| Dance   | Wednesday  | 14:15 – 16:15 | HSV de Havilland    | Dance Studio                |
| Fencing   | Monday   | 21:00 – 22:30 | HSV de Havilland    | Cricket Hall (Half)         |
| Football (Men's 1st & 2nd XI)   | Monday   | 18:30 – 20:00 | HSV de Havilland    | New Gen 1                   |
| Football (Men's 3rd XI)   | Monday   | 19:00 – 20:30 | HSV de Havilland    | New Gen 2                   |
| <b>PLEASE NOTE: New Gen 2, Pitch C from 19:00-19:30 &amp; Whole of New Gen 2 from 19:30-20:30</b> |  |               |                     |                             |
| Football (Women)  | Monday   | 20:00 – 21:30 | HSV de Havilland    | New Gen 1                   |
| Futsal  | Tuesday  | 17:30 – 18.30 | HSV de Havilland    | Sports Hall 3               |
| Golf  | <b>Please contact AU Office on 01707 281181/281180</b>   |               |                     |                             |
| Hockey (Women)  | Monday   | 18:00 – 19:30 | HSV de Havilland    | Sand Astro                  |
| Hockey (Men)  | Monday   | 19:30 – 21:00 | HSV de Havilland    | Sand Astro                  |
| Lacrosse  | Monday   | 20:30 – 22:00 | HSV de Havilland    | New Gen 2                   |
| Netball   | Monday   | 17:00 – 20:00 | HSV de Havilland    | Sports Hall 2               |
| Rugby Union (Men)   | Monday   | 18:00 – 19:30 | HSV de Havilland    | New Gen 2, Pitches A & B    |
| Rugby Union (Women)   | Monday   | 18:00 – 19:00 | HSV de Havilland    | New Gen 2, Pitch C          |
| Squash (Squad)  | Monday   | 19:30 – 20:30 | HSV de Havilland    | Squash Courts               |
| Squash  | Monday   | 20:30 – 22:30 | HSV de Havilland    | Squash Courts               |
|   | Thursday   | 21:00 – 22:30 | HSV de Havilland    | Squash Courts               |
| Tennis (Squad)  | Monday   | 20:00 – 21:00 | Gosling Sports Park | Tennis Centre               |
| Tennis (Social)   | Monday   | 21:00 – 23:00 | Gosling Sports Park | Tennis Centre               |
|   | Wednesday  | 14:00 – 17:00 | HSV de Havilland    | Hard Courts                 |
| Trampolining  | Monday   | 20:15 – 22:15 | HSV de Havilland    | Sports Hall 2, Courts 7 & 8 |
| Triathlon   | <b>Please contact AU Office on 01707 281181/281180 for details on swimming, running and bike ride sessions</b> |               |                     |                             |
| Triathlon (Circuit Training)  | Friday   | 07.30 – 09.30 | HSV de Havilland    | Sports Hall 3               |

## WATER ACTIVITIES

|                           |           |                 |                  |                  |
|---------------------------|-----------|-----------------|------------------|------------------|
| Canoe                     | Wednesday | 13:00 – onwards | Various          | Local Lakes      |
| Rowing (Circuit Training) | Friday    | 07.30 – 09.00   | HSV de Havilland | Sports hall 3    |
| Rowing                    | Wednesday | 13:00 – 17.30   | Lea Rowing Club  | River Lea        |
|                           | Sunday    | 13:00 – 17.30   | Lea Rowing Club  | River Lea        |
| Swimming (Squad Training) | Wednesday | 14:30 – 16:30   | HSV de Havilland | Pool (Lanes 5-8) |
|                           | Sunday    | 17:00 – 19:00   | HSV de Havilland | Pool (Lanes 5-8) |

## MARTIAL ARTS

|             |           |               |                  |                             |
|-------------|-----------|---------------|------------------|-----------------------------|
| Judo        | Monday    | 17:00 – 18:00 | HSV de Havilland | Sports Hall 1, Courts 3 & 4 |
| Karate      | Monday    | 21:00 – 22:30 | HSV de Havilland | Cricket Hall (Half)         |
| Kick Boxing | Monday    | 19:00 – 21:00 | HSV de Havilland | Cricket Hall                |
|             | Wednesday | 14:00 – 16.00 | HSV de Havilland | Cricket Hall                |