



BARNET FOOTBALL CLUB

CENTRE OF EXCELLENCE

Barnet Football Club Centre of Excellence,
Underhill Stadium, Barnet Lane, Barnet, Herts, EN5 2DN

Job Title	Strength and Conditioning Intern
Organisation	Barnet Football Club
Salary	Unsalaries. Although all expenses (travel, food, kit, equipment and resources) will be paid.
Location	Barnet FC Training Centre, London, HA8
Type of Contract	Fulltime; 8 - 12 months
Job Description	<p>Barnet Football Club Centre of Excellence is launching a work experience programme for undergraduate students currently on Sports Science, Sports Coaching or related degree programmes who wish to take a sandwich year.</p> <p>Placements are offered on a 8-12 month contract in the area of strength and conditioning and sports physiology. Full training and support will be provided including developing you towards accreditation with the UKSCA or BASES.</p> <p>Due to the anticipated high numbers of applications you should be able to demonstrate experience of developing the performance of sports people. Supplementary qualifications (such as UKSCA or BASES workshops) would also be beneficial.</p> <p>The successful applicant will work alongside professionals delivering support to elite young athletes (from 8 - 18 years old) in the areas of:</p> <ul style="list-style-type: none">Fundamental MovementBalance and Co-ordinationSpeed & Speed ReactionStrength & PowerPre/Post Injury ManagementMatch day & Training recovery <p>As skills develop, you will be able to work unsupervised on planning</p>

	<p>and preparation of S&C programmes. You will also work closely with the technical coaching staff to ensure an integrated programme and a strong support environment; you will also observe and work alongside physiotherapists, nutritionists and psychologists.</p> <p>Due to the requirements of this role the successful applicant will undergo a screening process that will include an Enhanced Criminal Records Bureau (CRB) disclosure.</p> <p>This is an excellent opportunity to work and gain valuable experience in an elite sporting environment within a progressive professional football club.</p>
How to apply	<p>Email CV and letter of application to:</p> <p>Paul Fairclough info@barnetfc.co.uk</p>
Closing Date	30/06/2009
Interview Date	10 July 2009