

Sports Therapy Internship 2018-19

We are looking for **enthusiastic, committed and motivated Sports Therapy BSc students** to support our performance sports teams throughout the BUCS season (2018-19).

Working with the Athletic Union in our performance sport programmes offers many great opportunities to the right candidates to gain some real and exciting work experience in delivering both pitch side and clinic support. Hours per week may vary but on average will equate to approximately 8 hours.

Applicants must be **2nd or final year students in the academic year 2018-19**. Applicants will be provided with further training from professional sports physiotherapists in pitch-side first aid, concussion protocol and taping techniques.

Some of the duties involved in this role include:

- Attending weekly team training session, providing massage, taping, rehab and first-aid support
- Communicating injuries to coaching staff and overseeing rehab programmes prescribed by the BodyBalance Physiotherapy Clinic staff.
- Attending all BUCS fixtures, both home and away providing first-aid, pre-match taping and any soft tissue work needed.

It is important to stress that this is a learning role and nothing beyond your capabilities will be asked or expected of you. The role will allow you to get a feel for sports therapy in two different settings (clinic and pitch/courtside) helping you identify any preferences you may have within the profession.

Travel to any away games will be taken care of by the Athletic Union and any equipment needed to deliver the best service to the athletes will be provided to you.

The following is included as part of the AU Sports Therapy Internship;

- Health and fitness membership at the Hertfordshire Sports Village and The Oval gym.
- Fully stocked pitch/courtside bag with access to additional stock throughout the year
- Mobile therapy couch
- Full Athletic Union kit/uniform
- Support from professional physiotherapists working in clinic and with professional sports teams

The University of Hertfordshire Performance Programmes are some of the most successful sports programmes in the university sport sector and as a treating sports therapy intern you will have access to some of the best athletes within the sport.

For more information please contact Hannah Darling on the email below.

To apply please complete the Sports Therapy Internship application form and return to Hannah Darling, h.darling2@herts.ac.uk, before midnight on Wednesday 9th May 2018.