

## Multi Activity Morning June 2019

### Thursday 6<sup>th</sup> June 2019

<u>Activity</u>	<u>Time</u>	<u>Location</u>
Short Tennis & Table Tennis	09:30 – 11:30	Sports Hall 2 (Court 7 & 8)
Badminton	09:30 – 11:30	Sports Hall 2 (Court 5 & 6)
Badminton	09:30 – 12:00	Badminton Hall (Court 1-4)
Swimming	09:30 – 12:00	Swimming Pool (Lane 8)
Exercise Class (Stretch with Charlotte)	11:20 – 12:05	Studio

### Thursday 13<sup>th</sup> June 2019

<u>Activity</u>	<u>Time</u>	<u>Location</u>
Short Tennis & Table Tennis	09:30 – 11:30	Sports Hall 2 (Court 7 & 8)
Badminton	09:30 – 11:30	Sports Hall 2 (Court 5 & 6)
Badminton	09:30 – 12:00	Badminton Hall (Court 1-4)
Swimming	09:30 – 12:00	Swimming Pool (General Swim)
Exercise Class (Conditioning Circuits with Charlotte)	11:20 – 12:05	Studio

### Thursday 20<sup>th</sup> June 2019

<u>Activity</u>	<u>Time</u>	<u>Location</u>
Short Tennis & Table Tennis	09:30 – 11:30	Sports Hall 2 (Court 7 & 8)
Badminton	09:30 – 11:30	Sports Hall 2 (Court 5 & 6)
Badminton	09:30 – 12:00	Badminton Hall (Court 1-4)
Swimming	09:30 – 12:00	Swimming Pool (General Swim)
Exercise Class (Pilates with Charlotte)	11:20 – 12:05	Studio

### Thursday 27<sup>th</sup> June 2019

<u>Activity</u>	<u>Time</u>	<u>Location</u>
Short Tennis & Table Tennis	09:30 – 11:30	Sports Hall 2 (Court 7 & 8)
Badminton	09:30 – 11:30	Sports Hall 2 (Court 5 & 6)
Badminton	09:30 – 12:00	Badminton Hall (Court 1-4)
Swimming	09:30 – 12:00	Swimming Pool (Lane 7 & 8)
Exercise Class (Step with Charlotte)	11:20 – 12:05	Studio