

Wellbeing Activator

Do you want to be part of a programme that helps other students settle into University life and make their experience a positive one?

You do not need to be athletic to apply for this role - we are looking for students who are welcoming and want to help other students get the most out of their university experience!!

Working for Active Students offers a number of opportunities to gain exciting work experience. This is a paid role and hours will vary due to the nature of the programme. Typically, Wellbeing Activators will work between 3-6 hours per week across daytimes, evening and weekends.

Please note: this position is only available to students studying at the University of Hertfordshire for 2021 – 2022 academic year

What kind of people are we looking for?

- Friendly and welcoming to all students
- Feel comfortable working with students on a 1:1 and / or group basis
- Interested in working with people who are experiencing mental health difficulties and / or social communication conditions
- Can build personable, purposeful and transparent partnerships with peers
- Can demonstrate excellent written and verbal communication
- Who are passionate about promoting the benefits of physical activity to benefit wellbeing and social interactions
- Reliable, punctual, organised and committed

What are some of the duties involved in being a Wellbeing Activator?

- Welcome, interact and enthuse other students to get involved in activities in bespoke programmes
- Promote specific Active Students sessions, using appropriate methods (social media / face to face) to reach a maximum audience
- Work in partnership across a multi-disciplinary team
- Work with students on a 1:1 basis to engage them in sessions, or determine other activities the student may prefer
- Ensure sessions are safe, fun, have a positive environment for all and, if required, operate within COVID-19 guidelines (training will be provided)
- Administer first aid when required (training will be provided)
- Run online virtual sessions dependant upon the needs of the programme
- Scan University ID cards at each session using our HSV Hub app
- Attend and contribute to team meetings as and when required and provide feedback on activities
- Any other duties linked to the HertSquad programmes as required.

To be considered for this role all applicants must be available for the following dates:

- An appointment week commencing Monday 5 July 2021 to complete online HR checks
- Monday 13-Friday 17 September 2021, 09:00-17:00 for in-person recruitment on the de Havilland campus.

Following the recruitment process, if you are successful you will be required to attend in-person training on the de Havilland campus from Monday 20-Friday 24 September 09:00-17:00.

Due to the current COVID-19 situation the dates above are subject to change. In the event of any changes a member of the HertSquad Team will be in direct contact with you.

Applicants should send a covering letter and CV via email titled 'Wellbeing Activator Application' to hertsquad@herts.ac.uk by 23:59 on Sunday 23 May 2021.

Any applications received after the closing date will not be considered. Due to a high volume of applications, we will only contact applicants who are successful.

REHABILITATION OF OFFENDERS ACT

DISCLOSURE AND BARRING SERVICE

This post is exempt under the Rehabilitation of Offenders Act 1974 as amended. The University requires that the successful applicant who is offered employment will be subject to a criminal record check from the Disclosure and Barring Service (DBS) before the appointment is confirmed. An Enhanced Disclosure will be required and this will include details of cautions, reprimands or final warnings, as well as convictions. The University of Hertfordshire complies with the 'Code of Practice for Registered Persons and other recipients of Disclosure Information'.

Overseas applicants and UK applicants who have lived abroad

Successful applicants from overseas will be required to produce a criminal records check, or 'Certificate of Good Character', from any country in which they have been resident, consecutively or cumulatively, in the previous 10 years.