

= Closed

= Private Booking

= Available

= PH Members Unsupervised Access (Waiver required)

performance

herts

Building Better Athletes

Week Commencing: 30th June 2025

To book a drop in session, please login to your HSV account and click make a booking → book a class → performance gym → select session → book

Time Date	6	7	8	9	10	11	12	1	2	3	4	5	6	7	8	9	10
Mon 30/06						Perf Sport / HTAP / TASS 11:00-12:00	Active Staff - TGC 12:00-12:45			England Squash 14:30-15:30		Hatfield Swim 17:00-18:00	Regional Golf 18:00-19:00		HTAP / TASS 20:00-21:00		
Tue 01/07						Perf Sport / HTAP / TASS 11:00-12:00						Hatfield Swim 17:00-18:00		HTAP / TASS 19:00-20:00			
Wed 02/07													Herts Golf 1 18:15-19:15	Herts Golf 2 19:15-20:15	HTAP / TASS 20:15-21:15		
Thu 03/07		Adult HTAP 07:30-08:30				Para / HTAP / TASS 11:00-12:00						Hatfield Swim 17:00-18:00		HTAP / TASS 19:00-20:00	Hatfield Swim 20:15-21:15		
Fri 04/07						Perf Sport / HTAP / TASS 11:00-12:00				Adult HTAP 14:30-15:30		HTAP / TASS 16:30-17:30	Speed & Agility 17:30-18:00				
Sat 05/07																	
Sun 06/07																	

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"What makes something special is not just what you have to gain, but what you feel there is to lose."

Andre Agassi