

= Closed

= Private Booking

= Available

= PH Members Unsupervised Access (Waiver required)



### Week Commencing: 2nd June 2025

To book a drop in session, please login to your HSV account and click make a booking → book a class → performance gym → select session → book

Time Date	6	7	8	9	10	11	12	1	2	3	4	5	6	7	8	9	10
Mon 02/06						Perf Sport / HTAP / TASS 11:00-12:00	Active Staff - TGC 12:00-12:45				England Squash 14:30-15:30	UH Netball 16:00-17:00	Hatfield Swim 17:00-18:00	Regional Golf 18:00-19:00		HTAP / TASS 20:00-21:00	
Tue 03/06		Adult HTAP 07:30-08:30				Perf Sport / HTAP / TASS 11:00-12:00						Hatfield Swim 17:00-18:00			HTAP / TASS 19:00-20:00		
Wed 04/06						Perf Sport / HTAP / TASS 11:00-12:00				England Squash 14:30-15:30				Herts Golf 1 18:15-19:15	Herts Golf 2 19:15-20:15	HTAP / TASS 20:15-21:15	
Thu 05/06		Adult HTAP 07:30-08:30				Perf Sport / HTAP / TASS 11:00-12:00	Performance Pilates 12:05-12:55					Hatfield Swim 17:00-18:00			HTAP / TASS 19:00-20:00	Hatfield Swim 20:15-21:15	
Fri 06/06						Perf Sport / HTAP / TASS 11:00-12:00				England Squash 14:30-15:30		HTAP / TASS 16:30-17:30	Speed & Agility 17:30-18:00				
Sat 07/06			S&C Level 1 Workshop 09:00-16:30														
Sun 08/06																	