performance = PH Members Unsupervised = Closed = Private Booking = Available Access (Waiver required) Week Commencing: 10th Nov 2025 **Building Better Athletes** To book a drop in session, please login to your HSV account and click make a booking → book a class → performance gym → select session \rightarrow book Time 6 7 8 9 3 7 8 9 10 11 12 1 2 4 5 6 10 Date Perf Sport / Hatfield Mon Mavs NSL Regional Golf HTAP / TASS Swim 18:00-19:00 19:00-20:00 16:00-17:00 10/11 11:00-12:00 Tue Watford FC HTAP / TASS HTAP / TASS Swim 07:30-08:30 18:00-19:00 19:00-20:00 11/11 13:45 11:00-12:00 Perf Sport / Wed Adult HTAP Herts Golf 1 Herts Golf 1 HTAP / TAS 12/11 17:15-18:15 18:15-19:15 19:15-20:15 11:00-12:00 Mavs **MAVS NSL** Thu Swim 13/11 11:00-12:00 Pilates (Studio 20:15 19:30 Perf Sport / HTAP / TASS Agility Fri Futsal 16:30-17:30 17:30 14/11 07:30-08:30 11:00-12:00 Sat S&C Level 1 Workshop 15/11 09:30-15:45 Sun 16/11 PerformanceHertfordshire PerformHerts PerformanceHerts "Champions keep playing until they get it right." - Billie Jean King