= Closed

= Private Booking

= Available

= PH Members Unsupervised Access (Waiver required)

Week Commencing: 8th Dec 2025

To book a drop in session, please login to your HSV account and click make a booking \rightarrow book a class \rightarrow performance gym \rightarrow select session **Building Better Athletes**

	→ book																
Time Date	6	7	8	9	10	11	12	1	2	3	4	5	6	7	8	9	10
Mon 08/12						Perf Sport / HTAP / TASS 11:00-12:00	Mavs NSL 12:00-13:00		Adult 14:30-		UH Netball 16:00-17:00	Hatfield Swim 17:00-18:00		HTAP / TASS 19:00-20:00	Perf Sport / HTAP / TASS 20:00-21:00		
Tue 09/12		UH Netba II 7:00- 7:30	HTAP -08:30			Perf Sport / HTAP / TASS 11:00-12:00						Hatfield Swim 17:00-18:00	Watford FC 18:00-19:00				
Wed 10/12						Sc Practical 0:30-12:00	Perf Sport / HTAP / TASS 12:00-13:00		Adult 14:30-			Pre HTA 17:15-18:	P Herts Gol 15 18:15-19		f 1 HTAP / TA :15 20:15-21::		
Thu 11/12		Adult 07:30	HTAP -08:30			Perf Sport / HTAP / TASS 11:00-12:00	Mavs NSL 12:00-13:00 Perf Pilates (Studio 1) 12:15-13:00	Perf Physio & Rehab 13:00-14:00			UH American Football 2 16:00-17:00	Hatfield Swim 17:00-18:00	Basketbal Ne 18:00- 1	Mavs HTAF ext Gen TAS .8:45- 19:30 19:30 20:1	S Hattield S Swim		
Fri 12/12		UH N Fut 07:30-				Perf Sport / HTAP / TASS 11:00-12:00			Adult 14:30-			/ TASS Agility -17:30 17:30- 18:00		Herts Cricket 19:00-20:00			
Sat 13/12																	
Sun 14/12																	





