

= Closed

= Private Booking

= Available

= PH Members Unsupervised Access (Waiver required)



Week Commencing: 13th April 2026

To book a drop in session, please login to your HSV account and click make a booking → book a class → performance gym → select session → book

Time Date	6	7	8	9	10	11	12	1	2	3	4	5	6	7	8	9	10
Mon 13/04						Perf Sport / HTAP / TASS 11:00-12:00	MAVS NSL 12:00-13:00	TGC 13:00-13:45		Adult HTAP 14:30-15:30		UH Netball 16:00-17:00	Hatfield Swim 17:00-18:00	Regional Golf 18:00-19:00	HTAP / TASS 19:00-20:00	Perf Sport / HTAP / TASS 20:00-21:00	
Tue 14/04		Adult HTAP 07:30-08:30				BSc Practical 11:00 - 13:00						Hatfield Swim 17:00-18:00		HTAP / TASS 19:00-20:00			
Wed 15/04						Perf Sport / HTAP / TASS 11:00-12:00				Adult HTAP 14:30-15:30		Olympic Weightlifting Masterclass 17:30 - 20:00			HTAP / TASS 20:15-21:15		
Thu 16/04		Adult HTAP 07:30-08:30				Perf Sport / HTAP / TASS 11:00-12:00	MAVS NSL 12:00-13:00 Pilates (Studio 1) 12.15-13.05				UH American Football 2 16:00-17:00	Hatfield Swim 17:00-18:00		Mavs Next Gen 18:30-19:30	HTAP / TASS 19:30-20:15	Hatfield Swim 20:15-21:15	
Fri 17/04		UH Men's Futsal 07:30-08:30				Perf Sport / HTAP / TASS 11:00-12:00				Adult HTAP 14:30-15:30		HTAP / TASS 16:30-17:30	Spd & Agility 17:30-18:00				
Sat 18/04	Closed																
Sun 19/04	Closed																



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"It's not the will to win that matters – everyone has that. It's the will to prepare to win that matters." – Paul "Bear" Bryant