= Closed	= Private Booking	= Available	= PH Members Unsupervised Access (Waiver required)

Week Commencing: 27th July 2026

To book a drop in session, please login to your HSV account and click make a booking → book a class → performance gym → select session → book

PERFORMANCE HERTS

Time Date	6	7	8	9	10	11	12	1	2	3	4	5	6	7	8	9	10
Mon 27/07						Summer Camp 10:45-12:15		Summer Camp 13:00-14:30	Adult HTAP 14:30-15:30				Regional Golf 18:00-19:00	HTAP / TASS 19:00-20:00	Perf Sport / HTAP / TASS 20:00-21:00		
Tue 28/07		Adult HTAP 07:30-08:30				Summer Camp 10:45-12:15		Summer Camp 13:00-14:30					HTAP / TASS 18:00-19:00				
Wed 29/07						Summer Camp 10:45-12:15		Summer Camp 13:00-14:30	Adult HTAP 14:30-15:30					HTAP / TASS 19:00-20:00			
Thu 30/07		Adult HTAP 07:30-08:30				Summer Camp 10:45-12:15		Summer Camp 13:00-14:30						HTAP / TASS 19:00-20:00			
Fri 31/07						Summer Camp 10:45-12:15		Summer Camp 13:00-14:30	Adult HTAP 14:30-15:30			HTAP / TASS 16:30-17:30	Spd & Agility 17:30- 18:00				
Sat 01/08																	
Sun 02/08				Snow Sports Testing 09:00 - 17:00													

PerformanceHertfordshire PerformHerts PerformanceHerts

"Don't quit. Suffer now, and live the rest of your life as a champion." – Muhammad Ali