

= Closed

= Private Booking

= Available

= PH Members Unsupervised Access (Waiver required)



Week Commencing: 29th June 2026

To book a drop in session, please login to your HSV account and click make a booking → book a class → performance gym → select session → book

Time Date	6	7	8	9	10	11	12	1	2	3	4	5	6	7	8	9	10
Mon 29/06				MREP Practical 09:00-12:00			Perf Sport / HTAP / TASS 12:00-13:00	TGC 13:00-13:45		Adult HTAP 14:30-15:30		Hatfield Swim 17:00-18:00	Regional Golf 18:00-19:00	HTAP / TASS 19:00-20:00	Perf Sport / HTAP / TASS 20:00-21:00		
Tue 30/06		Adult HTAP 07:30-08:30				Perf Sport / HTAP / TASS 11:00-12:00						Hatfield Swim 17:00-18:00	HTAP / TASS 18:00-19:30				
Wed 01/07						Perf Sport / HTAP / TASS 11:00-12:00			Adult HTAP 14:30-15:30			Pre HTAP 17:15-18:15	Herts Golf 1 18:15-19:15	Herts Golf 2 19:15-20:15	HTAP / TASS 20:15-21:15		
Thu 02/07		Adult HTAP 07:30-08:30				Perf Sport / HTAP / TASS 11:00-12:00	Pilates (Studio 1) 12.15-13.05					Hatfield Swim 17:00-18:00	Mavs U15 Gym Testing 18:00-19:00	HTAP / TASS 19:00-20:00	Hatfield Swim 20:15-21:15		
Fri 03/07						Perf Sport / HTAP / TASS 11:00-12:00			Adult HTAP 14:30-15:30		HTAP / TASS 16:30-17:30	Spd & Agility 17:30-18:00					
Sat 04/07	Closed																
Sun 05/07	Closed																