= Closed	= Private Booking	= Available	= PH Members Unsupervised Access (Waiver required)

Week Commencing: 21st Sept 2026

To book a drop in session, please login to your HSV account and click make a booking → book a class → performance gym → select session → book

PERFORMANCE HERTS

Time / Date	6	7	8	9	10	11	12	1	2	3	4	5	6	7	8	9	10
Mon 21/09						Perf Sport / HTAP / TASS 11:00-12:00			Adult HTAP 14:30-15:30		UH Netball 16:00-17:00		Regional Golf 18:00-19:00	HTAP / TASS 19:00-20:00	Perf Sport / HTAP / TASS 20:00-21:00		
Tue 22/09		UH Netball 07:00-07:30	Adult HTAP 07:30-08:30			Perf Sport / HTAP / TASS 11:00-12:00						Hatfield Swim 17:00-18:00		HTAP / TASS 19:00-20:00			
Wed 23/09						BSc Practicals 11:00-13:00			Adult HTAP 14:30-15:30			HTAP / TASS 17:00-18:00	Herts Golf 1 18:00-19:00	Herts Golf 2 19:00-20:00	HTAP / TASS 20:00-21:00		
Thu 24/09			Adult HTAP 07:30-08:30			Perf Sport / HTAP / TASS 11:00-12:00					UH Basketball 16:00-17:00	Hatfield Swim 17:00-18:00		HTAP / TASS 19:00-20:00			
Fri 25/09						Perf Sport / HTAP / TASS 11:00-12:00			Adult HTAP 14:30-15:30		Spd & Agility 16:30-17:00	HTAP / TASS 17:00-18:00		Herts Cricket 19:00-20:00			
Sat 26/09				Badminton England Testing 9:30-10:30					Badminton England Testing 14:00-16:00								
Sun 27/09				Badminton England Testing 9:30-11:30					Badminton England Testing 14:00-16:00								

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"Never say never because limits, like fears, are often just illusions." – Michael Jordan